

# **Helen Jabs**

## **Profile Summary**

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Dedicated educator and active community volunteer with extensive experience in both classroom teaching and educational program development. Proven leadership in educational consulting, parent organizations, and volunteer initiatives. Passionate about supporting Parkinsons programs and making a difference through service.

## **Education**

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- Masters Degree in Reading, Eastern Connecticut State College
- Bachelor of Science in Teacher Education (Elementary), Eastern Connecticut State College
- Certified to teach Grades 18 in Connecticut

## **Professional Experience**

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Connecticut State Department of Education

Educational Consultant (15 years)

- Focused on teacher certification and educator preparation program approval.
- Retired early to provide care for spouse diagnosed with Parkinsons.

Elementary & Middle School Teacher

- Taught various grades in elementary and middle school settings in Connecticut.

## **Volunteer Experience**

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- Secretary, Carolina Colours Ladies Golf Association
- Chair, PreK Vision Screening Program (Vernon CT Junior Womens Club)
- Chairperson & Head Teacher, Safety Town Program for incoming Kindergarteners
- President, PTO for childrens elementary school
- Member, Athletic Booster Clubs
- Active volunteer with Rock Steady Boxing (RSB) New Bern and BBP events

# **Helen Jabs**

## **Personal Details**

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- Relocated to New Bern in 2015
- Married for 50 years with two grown sons (residing in Greenville, NC and Midlothian, VA)
- Caregiver and advocate for husband living with Parkinsons